

MALALA

...for inner peace and harmony...

An oasis of calm and serenity,
indulge your senses,
invigorate your body and mind,
discover the healing properties
of specially curated treatments,
all using natural ingredients
found in Sumba and Indonesia.



Malala Signature Packages

Healing Rituals

120-minutes || 1,950k

Inspired by the Marapu religion, rich ancestral traditions, and ceremonies of Sumba, connect with Mother Earth, relax and rebalance your body and soul with this treatment, utilising botanical extracts from indigenous plants such as turmeric, noni and most significantly white sandalwood oil, Sumba's namesake.

Enjoy a full body massage with sandalwood oil and black pepper, warming herbal compress, a body scrub of noni and turmeric extract, spiced body mask to stimulate blood flow, and relaxing herbal tea bath.

Medium strength, palm & pressure points, deep flow

Freedom

90-minutes || 1,450k

Symbolising the vast savannas and rolling hills of Sumba as they change from a rich, earth-brown during the summer months to a lush, vibrant green as the rains set in, revive, and energise your spirit with this revitalising treatment.

Using the invigorating oils of ginger, coriander and cajeput, relax into a full body massage, before a stimulating coffee body scrub is applied, stimulating blood circulation and leaving you feeling refreshed.

Strong & deep, including stretching & lomi-lomi

Prices are in thousand Indonesian Rupiah and subject to 10% service charge and 10% government tax

Rejuvenate

120-minutes || 1,750k

Known to be much drier than other Indonesian islands, Sumba's vegetation truly flourishes when rehydrated during the rainy season. Give your skin the same attention, with this skin boosting treatment, packed full of vitamin-rich, super food ingredients all found in Sumba.

A rich sugar cream scrub infused with avocado oil and cocoa butter precedes a full body massage before the application of a body mask containing hibiscus, moringa and papaya extract. End with a relaxing bath designed to moisturise the skin and nourish the soul.

Gentle, with kneading, rolling & chopping

Ocean

120-minutes || 1,750k

A beautiful natural resource, providing the people of Sumba with a bountiful marine harvest, rich in antioxidants and minerals...and that turquoise water view!

Inspired by the fresh ocean breeze, and flowing motion of the waves relax into a full body massage using cold pressed coconut oil, perfect for sensitive skin. Next a detoxifying salt scrub containing extract of seaweed and spirulina is applied, followed by a nourishing mineral-rich body mask, before a soothing sea salt and seaweed bath to melt away tension.

Soft to medium pressure, using kneading and palms

Prices are in thousand Indonesian Rupiah and subject to 10% service charge and 10% government tax

Malala Signature Massages

60 or 90-minutes

850k || 1,145k

Moro Ndahaka Sumbanese Massage

Created by the Malala team to connect you with the ancient Sumbanese religion of Marapu, this treatment tells a deeply meaningful story of their history and connection with ancestors. Using a special oil, created using Nenek Moyang's family recipe of fermenting bark and roots of a tree found in only one forest in Sumba, this is a truly unique experience found no-where else in the World, leaving you with a profound awareness of mind, body and soul.

Healing Rituals Massage

Freedom Massage

Rejuvenate Massage

Ocean Massage

Classic Massage

60 or 90-minutes

850k || 1,145k

Balinese Massage

Deep Tissue Massage

Swedish Massage

Back & Shoulder Massage

Prices are in thousand Indonesian Rupiah and subject to 10% service charge and 10% government tax

Body Scrubs

45-minutes

850k

Prepare your skin for days on the beach with one of our full body scrubs, including a back and shoulder massage and body emulsion.

Healing Body Scrub

*A gentle scrub, with warming spices to release tension.
Rice powder, turmeric, clove, cinnamon, black pepper*

Rejuvenate Body Scrub

*Sugar cream scrub, with hydrating oils to revive dull skin.
Cane sugar, avocado and moringa oil, cocoa butter,
tamarind, kefir lime and rose*

Ocean Body Scrub

*A detoxifying salt scrub, with mineral-rich seaweed.
Sea salt, coconut, soya and key lime oil,
seaweed extract, aloe vera*

Prices are in thousand Indonesian Rupiah and subject to 10% service charge and 10% government tax

Body Wraps

45-minutes

850k

Treat yourself to a cleansing and nourishing body wrap, including a head massage and body emulsion.

Healing Body Mask

A clay mask, with warming spices to relax muscle and stimulate blood flow. Using clay, sandalwood powder, with extracts of moringa, noni ,ginger and nutmeg.

Rejuvenate Body Mask

A nourishing mask using Kaolin clay to calm, revive and refresh dry skin. Using Kaolin powder, extract of papaya, hibiscus, moringa and avocado.

Ocean Body Mask

Deep clean the skin, while benefiting from high-mineral content and tension relief. Using Kaolin powder, key lime oil, extract of seaweed spirulina, jicama and aloe vera.

Combine any Body Scrub and Body Wrap

1,275k

Prices are in thousand Indonesian Rupiah and subject to 10% service charge and 10% government tax

Malala Facials

60-minutes

995k

Curated by the Malala team, using ingredients found in Sumba, for a truly local experience.

Brightening Facial

Created to brighten and moisturize your skin, using all natural and local products, including candlenut, honey and bengkoang. Perfect for normal to oily skin types.

After a steam wrap, cleanse and toning, dead skin cells are removed with a gentle scrub. A facial massage with oil follows before relaxing into a mask of bengkoang and kaolin powder. Finish with a natural moisturiser to plump and rehydrate the skin.

Tropical Facial

Celebrating the wealth of plants and fruit native to Indonesia, infuse your skin with an array of vitamins and minerals, improving skin's health and protecting from sun exposure.

A steam wrap opens pores, allowing a cleanser of honey and pure coconut oil to work its magic before a gentle scrub of coconut husk. Following a heavenly facial massage, enjoy a mask of green tea and fruit before moisturiser is applied.

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Hair Care

Hair Cream Bath, 60-minutes

675k

Designed to maintain hair elasticity, and prevent damage, enjoy a slow head massage as cream is applied, before a warming steam is applied. Relax and enjoy a back and shoulder massage as the cream works it's magic!

Waxing

Using sugar wax

Under Arm / Half Arm, 225k

Bikini, 250k

Half Leg / Full Arm, 350k

Full Leg, 400k

Back / Chest, 450k

Prices are in thousand Indonesian Rupiah and subject to 10% service charge and 10% government tax

Malala Spa

The following information is provided for you to ensure the perfect Spa experience:

The Spa is a non-smoking environment.

To respect the natural and peaceful environment, the use of cellular phones and other communication devices are prohibited. Should you need to have them with you, we kindly ask that you make sure they are switched off or are on silent, prior to arrival.

We request that all valuables remain stored in your room whilst you are here at the Spa.

The Spa will not be responsible for lost, stolen or misplaced items.

All spa treatments and facility prices are subject to change without notice.

Our spa therapists will assist you with any pricing inquiries you may have at the time of your reservation.

To make a reservation you can visit the team at our Spa, send a WhatsApp message or dial 0 on your room phone

Prices are in thousand Indonesian Rupiah and subject to 10% service charge and 10% government tax